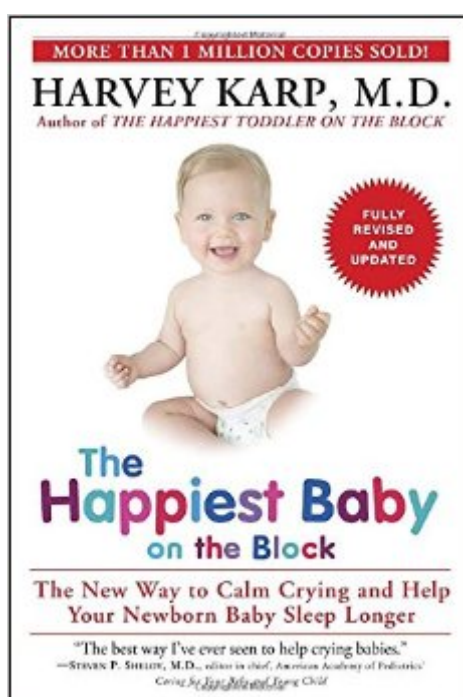


The book was found

The Happiest Baby On The Block; Fully Revised And Updated Second Edition: The New Way To Calm Crying And Help Your Newborn Baby Sleep Longer



Synopsis

NEVER AGAIN WILL YOU HAVE TO STAND BY HELPLESSLY WHILE YOUR LITTLE BABY CRIES AND CRIES. THERE IS A WAY TO CALM MOST CRYING BABIES . . . USUALLY IN MINUTES! Thousands of parents, from regular moms and dads to Hollywood superstars, have come to baby expert Dr. Harvey Karp to learn his remarkable techniques for soothing babies and increasing sleep. Now his landmark book "fully revised and updated with the latest insights into infant sleep, bedsharing, breastfeeding, swaddling, and SIDS risk" can teach you too! Dr. Karp's highly successful method is based on four revolutionary concepts:

1. The Fourth Trimester: Why babies still yearn for a womblike atmosphere . . . even after birth
2. The Calming Reflex: An "off switch" • all babies are born with
3. The 5 S's: Five easy steps to turn on your baby's amazing calming reflex
4. The Cuddle Cure: How to combine the 5 S's to calm even colicky babies

With Dr. Karp's sensible advice, parents and grandparents, nurses and nannies, will be able to transform even the fussiest infant into the happiest baby on the block!

Praise for The Happiest Baby on the Block

"Dr. Karp's book is fascinating and will guide new parents for years to come."
—Julius Richmond, M.D., Harvard Medical School, former Surgeon General of the United States

"The Happiest Baby on the Block is fun and convincing. I highly recommend it."
—Elisabeth Bing, co-founder of Lamaze International

"Will fascinate anyone who wants to know how babies experience the world, and wants to answer their cries lovingly and effectively."
—The San Diego Union-Tribune

Book Information

Paperback: 352 pages

Publisher: Bantam; 2nd Revised, Updated ed. edition (October 6, 2015)

Language: English

ISBN-10: 0553393235

ISBN-13: 978-0553393231

Product Dimensions: 5.5 x 0.7 x 8.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (142 customer reviews)

Best Sellers Rank: #671 in Books (See Top 100 in Books) #7 in Books > Parenting & Relationships > Parenting > Early Childhood

Customer Reviews

First off, I completely believe that the techniques in here are going to be a lifesaver. Every nurse,

pediatrician, or midwife I've talked to has recommended these techniques. However, putting them into a book is really stretching the material, and involves a LOT of repetition of the same stories and arguments over and over. This could be condensed into a pamphlet. In fact, I just finished watching Dr. Karp explain the entire book in a six-minute spot on a daytime TV show (found for free on the Internet). As an expectant parent who wants to be well informed, I have a lot of books on my reading list. This took up way more time than it should have. If you're a new/expecting parent, do yourself a favor and find this info for free on the Internet. If you want to buy this as a gift, do the expectant parents a favor and get the DVD or instant video instead.

This book was recommended by our pediatrician and many of the tips have worked great for our baby. she will not sleep swaddled but if she is ever very fussy we will swaddle her up. We use the other 4 S's basically every time we put her to sleep! The hair dryer on high is our best friend!

I suggest just googling the 5 S's, a LOT of this book is spend babbling on and on justifying their ideas, when you have a screaming baby - you just want them to get to the point! Too much fluff for me, but was good information all in all.

I read this book while expecting my first grandchild. I raised five children (all very different), and I see many good tips and helpful ideas within. When I had babies, we laid them on stomachs and sides, and I could predict the startling problem with laying babies on their backs, but the science has shown us that back to sleep has been a successful campaign...so how to cope with babies waking themselves up and babies who are frustrated. The 5 S's very well detailed in this book are five basic concepts that I can see as very, very helpful. I'm still perplexed by babies "hating" tummy time, and the concept of needing to "make" them stay on their tummies for 1-2 minutes, since that is how my babies were very comfortable...and I wonder if much of it is fearfulness from the parents--due to all the SIDS awareness...but Dr Karp also gives good ideas on how to deal with problems there, too. Having read this, I will now give the book to my daughter, who is looking forward to reading it, too.

Super helpful book! I did very much question this for the first few chapters. That part is pretty much a very repetitive defense of why this works. I really should have skipped it and went onto the practical advice. Let's just say the whole thing felt like magic! But you cannot just read the whole thing at once and be done with it. There are too many nuances to the whole shushing thing plus

other seemingly small details. The most important thing to say here is that often I would read a section and tell my husband that none of it makes sense and it's making my head hurt. He would tell me to stop reading it then! Well, I would then go take care of the baby and all of a sudden what the book said made total sense. The things I swore she didn't do while I was reading that section were happening right before my eyes. AND I knew how to respond!

I was advised to read this for sleep training my LO at 4 months. This book is for the journey up TO 4th month. Very little is mentioned regarding sleep training. Otherwise a good read if you have a newborn to 3 monther with colic.

This book saved our life those first 2-3 months! A definite must for all new parents. My only regret is not reading it before my baby was born; it's hard to find time to read with a newborn and while being completely exhausted!

Found some of the information harsh when it came to how to handle an infant. Wish there were supplemental videos to go with some book. I struggled to find videos accurately demonstrating the 4 S's on YouTube. There were some good points, but I think there are better baby books out there like Baby Whisperer.

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